WHAT IS CLAIMED IS:

- 1 1. A hand protector and grip enhancer,
- 2 comprising:
- 3 a generally C-shaped body;
- a finger receiving pocket at a first end of said C-
- 5 shaped body; and
- a thumb receiving pocket at a second end of said C-
- 7 shaped body.
- 1 2. The hand protector and grip enhancer of claim
- 2 1, wherein said C-shaped body is made of a material
- 3 having low thermal conductivity.
- 1 3. The hand protector and grip enhancer of claim
- 2 2, wherein said material possesses an inherent anti-slip
- 3 characteristic.
- 1 4. The hand protector and grip enhancer of claim
- 2 1, wherein said C-shaped body is heat resistant.
- 1 5. The hand protector and grip enhancer of claim
- 2 4, wherein said C-shaped body is formed from silicone.

- 1 6. The hand protector and grip enhancer of claim
- 2 4, wherein said C-shaped body comprises at least one of
- 3 elastomeric material and rubber.
- 7. The hand protector and grip enhancer of claim
- 2 1, wherein said C-shaped body is flexible about a hinge
- 3 region between said first and second ends.
- 1 8. The hand protector and grip enhancer of claim
- 2 7, wherein said hinge region is shaped to substantially
- 3 conform to a user's palm.
- 9. The hand protector and grip enhancer of claim
- 2 7, wherein said hinge region has a substantially convex
- 3 outer surface shape.
- 1 10. The hand protector and grip enhancer of claim
- 2 9, further comprises ribs at an interior region, wherein
- 3 said ribs define said convex outer surface shape of said
- 4 hinge region.

- 1 11. The hand protector and grip enhancer of claim
- 2 7, wherein said hinge region has a substantially flat
- 3 outer surface shape.
- 1 12. The hand protector and grip enhancer of claim
- 2 7, wherein said C-shaped body is symmetrical about said
- 3 hinge region.
- 1 13. The hand protector and grip enhancer of claim
- 2 7, wherein a length of said C-shaped body from said
- 3 hinge region to said first end is sized to generally
- 4 conform to a length of a user's hand from a palm region
- 5 to finger tips.
- 1 14. The hand protector and grip enhancer of claim
- 2 7, wherein a length of said C-shaped body from said
- 3 hinge region to said second end is sized to generally
- 4 conform to a length of a user's hand from a palm region
- 5 to a tip of said user's thumb.

- 1 15. The hand protector and grip enhancer of claim
- 2 7, wherein a length of said finger receiving pocket
- 3 extending from said hinge region to said first end is
- 4 substantially similar to a length of said thumb
- 5 receiving pocket extending from said hinge region to
- 6 said second end.
- 1 16. The hand protector and grip enhancer of claim
- 2 7, wherein a length of said finger receiving pocket
- 3 extending from said hinge region to said first end is
- 4 not similar to a length of said thumb receiving pocket
- 5 extending from said hinge region to said second end.
- 1 17. The hand protector and grip enhancer of claim
- 2 1, wherein said finger receiving pocket and said thumb
- 3 receiving pocket includes holes to permit air flow and
- 4 drainage.
- 1 18. The hand protector and grip enhancer of claim
- 2 1, wherein said each pocket includes a flap.
- 1 19. The hand protector and grip enhancer of claim
- 2 18, wherein said flap is integrally formed with said C-
- 3 shaped body.

- 1 20. The hand protector and grip enhancer of claim
- 2 1, wherein said C-shaped body further comprises an
- 3 interior region having ribs that run along a first wall
- 4 and a second wall extending from a hinge region.
- 1 21. The hand protector and grip enhancer of claim
- 2 20, wherein said ribs are of different lengths.
- 1 22. The hand protector and grip enhancer of claim
- 2 1, wherein said C-shaped body further comprises an
- 3 interior region having ribs that run along a first wall
- 4 and a second wall extending from a hinge region, wherein
- 5 a surface of said first and second wall comprises a
- 6 plurality of bumps and ridges.
- 1 23. The hand protector and grip enhancer of claim
- 2 22, wherein said surface of said first and second wall
- 3 further comprises a plurality of discrete protuberances.
- 1 24. The hand protector and grip enhancer of claim
- 2 1, wherein said thumb receiving pocket further comprises
- 3 a thumb receiving stall.
- 1 25. The hand protector and grip enhancer of claim
- 2 1, wherein said C-shaped body further comprises a strap

- 3 mechanism wherein at least one said pocket is defined by
- 4 a strap.
- 1 26. The hand protector and grip enhancer of claim
- 2 1, wherein said C-shaped body further comprises finger
- 3 guards attached to said first and second ends of said C-
- 4 shaped body.
- 1 27. The hand protector and grip enhancer of claim
- 2 1, wherein said finger receiving pocket and said thumb
- 3 receiving pockets are substantially similar in shape.
- 1 28. The hand protector and grip enhancer of claim
- 2 1, wherein said finger receiving pocket and said thumb
- 3 receiving pockets are not similar in shape.
- 1 29. The hand protector and grip enhancer of claim
- 2 1, wherein said first and second ends have a
- 3 substantially flat tip shape.
- 1 30. The hand protector and grip enhancer of claim
- 2 29, wherein the substantially flat tip shape of said
- 3 first and second ends enable said hand protector and
- 4 grip enhancer to free stand in an upright position.

- 1 31. A hand protector and grip enhancer, comprising:
- 2 a generally C-shaped body;
- a finger receiving pocket at a first end of said C-
- 4 shaped body; and
- 5 a thumb receiving pocket at a second end of said C-
- 6 shaped body, said thumb receiving pocket further
- 7 comprising a thumb receiving stall integrally formed to
- 8 an inside wall of said C-shaped body.
- 1 32. A hand protector and grip enhancer,
- 2 comprising:
- 3 a generally C-shaped body;
- a finger receiving pocket at a first end of said C-
- 5 shaped body; and
- a thumb receiving stall integrally formed to an
- 7 inside wall of said C-shaped body.

- 1 33. A hand protector and grip enhancer,
- 2 comprising:
- 3 a generally C-shaped body;
- 4 a first strap mechanism at a first end of said C-
- 5 shaped body for receiving a user's fingers; and
- a second strap mechanism at a second end of said C-
- 7 shaped body for receiving said user's thumb.
- 1 34. A hand protector and grip enhancer,
- 2 comprising:
- 3 a generally C-shaped body;
- a finger receiving pocket at a first end of said C-
- 5 shaped body;
- a thumb receiving pocket at a second end of said C-
- 7 shaped body; and
- 8 a hinge region towards the center of said C-shaped
- 9 body, wherein a length of said finger receiving pocket
- 10 extending from said hinge region to said first end is
- 11 not substantially similar to a length of said thumb
- 12 receiving pocket extending from said hinge region to
- 13 said second end.

- 1 35. A hand protector and grip enhancer,
- 2 comprising:
- 3 a generally C-shaped body;
- a finger receiving pocket at a first end of
- 5 said C-shaped body;
- a thumb receiving pocket at a second end of
- 7 said C-shaped body; and
- 8 wherein said first and second ends have a
- 9 substantially flat tip shape which enables said hand
- 10 protector and grip enhancer to free stand in an upright
- 11 position.